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Group Psychotherapy With Addicted Populations

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Group Psychotherapy with Addicted Populations: An Integration of Twelve-Step and Psychodynamic Theory, Third Edition is the newly revised edition of the classic text, that provides you with proven strategies for defeating alcohol and drug addiction through group psychotherapy.

Group Psychotherapy with Addicted Populations: An ...

You'll examine the constructive benefits of group therapy to chemically dependent individuals--opportunities to share and identify with others who are going through similar problems, to understand their own attitudes about addiction by confronting similar attitudes in others, and to learn to communicate their needs and feelings more directly. Group Psychotherapy with Addicted Populations covers ...

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Group therapy for addicted people must provide more than simply a place to process. For addicts, process, like love, is never enough. What is required is a unique blend of skill-building, problem solving, and support. Everyone who makes a donation of even a few dollars to this site has our permission to put " Official IPI Donor " on their CV.

In this newly revised edition, Philip J. Flores, a highly regarded expert in the treatment of alcoholism and in group psychotherapy, provides you with proven strategies for defeating alcohol and drug addiction through group psychotherapy. For the first time, practical applications of 12-step programs and (ital) psychodynamic groups are jointly explored, jointly explained, and jointly brought into therapeutic use. You'll examine the constructive benefits of group therapy to chemically dependent individuals--opportunities to share and identify with others who are going through similar problems, to understand their own attitudes about addiction by confronting similar attitudes in others, and to learn to communicate their needs and feelings more directly. Group Psychotherapy with Addicted Populations covers the key areas of group psychotherapy for chemically dependent persons including: alcoholism, addiction, and psychodynamic theories of addiction alcoholics anonymous and group psychotherapy use of confrontational techniques in the group inpatient group psychotherapy characteristics of the leader transference in the group resistance in groups preparing the chemically dependent person for group the curative process in group therapy Along with his powerful chapters that emphasize the positive and constructive opportunities group psychotherapy brings to the chemically dependent individual, Flores has added these new sections: integrating a modern analytic approach a discussion of object relations theory group psychotherapy, AA, and twelve-step programs diagnosis and addiction treatment treatment issues at early, middle, and late stages of treatment a discussion of guidelines and priorities for group leaders countertransference special considerations of resistance to addiction termination of treatment Those working in group therapy will find this expanded second edition a valuable resource for better recognizing and serving their group members' needs, and they will feel a sense of fulfillment as Flores reaffirms the positive effects of group psychotherapy.

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This newly updated, streamlined, and more affordable edition of Group Psychotherapy with Addicted Populations provides proven strategies for combating alcohol and drug addiction through group psychotherapy. Philip J. Flores, a highly regarded expert in the treatment of alcoholism and in group psychotherapy, brings together practical applications of 12-step programs and psychodynamic groups. This classic text explores the latest knowledge on the benefits of group therapy to chemically dependent individuals by providing opportunities to understand their own attitudes about addiction through working with others while learning to more effectively communicate their own needs and emotions.

Group Psychotherapy with Addicted Populations: An Integration of Twelve-Step and Psychodynamic Theory, Third Edition is the newly

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revised edition of the classic text, that brings together practical applications of 12-step programs and psychodynamic groups to provide proven strategies for defeating alcohol and drug addiction through group psychotherapy.

This work shows how to give substance abusers an attachment experience and a sense of community where they feel they are accepted and belong. Therapy, directed along the lines described, allows the person to get close to others who are accepting of him without a cost to his identity and autonomy.

Gain a practical perspective on group therapy as a treatment for addiction! As more and more researchers and clinicians recognize group therapy as the primary psychosocial intervention in the treatment of substance abusers, there is a growing need for a comprehensive resource that places the wide range of theories and ideas about the treatment into practical perspective. The Group Therapy of Substance Abuse is the first book to bridge the gap between substance abuse treatment and group psychotherapy by presenting expert analyses that address all major schools of thought. The book includes clinical examples and specific recommendations for treatment techniques, reflecting a variety of viewpoints from the leading clinicians, scholars, and teachers in the field. Because of its therapeutic efficacy and cost effectiveness, group therapy has come to play an increasingly important role as the psychosocial therapy of choice for an ever-increasing numbers of patients with substance abuse disorders. For ease of use, The Group Therapy of Substance Abuse is divided into several sections, including a discussion of the basic theoretical approaches on which most group treatments of substance abusers are based; the uses of group treatment approaches in specific treatment settings; and the uses of group treatment with specific patient populations. The Group Therapy of Substance Abuse also includes diverse perspectives on: interpersonal and psychodynamic approaches to therapy cognitive behavioral methods outpatient, inpatient, and partial-hospitalization groups network therapy and 12-step groups treatment of gay, lesbian, bisexual, adolescent, and elderly abusers therapeutic community groups Essential for professionals who treat substance abusers, The Group Therapy of Substance Abuse is also an excellent textbook for scholars and students in the mental health field. The book adds depth to the practicing (and soon-to-be practicing) clinician's understanding of how best to address the complex problem of addiction.

This authoritative book presents a groundbreaking evidence-based approach to conducting therapy groups for persons with substance use disorders. The approach integrates cognitive-behavioral, motivational interviewing, and relapse prevention techniques, while capitalizing on the power of group processes. Clinicians are provided with a detailed intervention framework and clear-cut strategies for helping clients to set and meet their own treatment goals. More than two dozen ready-to-use reproducible assessment tools, handouts, homework exercises, and session outlines are supplied in a convenient large-size format. This book will be invaluable to clinical psychologists, social workers, substance abuse counselors, and other clinicians who treat clients with addiction and substance use problems. It may also serve as a supplemental text in graduate-level courses.

In the treatment of addictions and their psychological understanding, cognitive-behavioural and motivation approaches have been paramount. In contrast, the psychodynamic contribution has been muted. This book redresses this imbalance by bringing together a team of senior clinicians with psychotherapeutic backgrounds as well as extensive experience in addiction. Stress is placed on the diversity of psychodynamic understanding and its relevance to the everyday problems met by addicted individuals. The first theoretical part of the book is followed by examples from group and individual therapy, and the foreword is written by Dr Edward Khantzian. The Psychodynamics of Addiction will be of interest to psychotherapists who may lack experience in addiction, and to other clinicians working in the field - doctors, nurses and psychologists. Introduction - Review of Different Schools: Container and Contained: The School of Bion - The Application of Bowlby ' s Attachment Theory to the Psychotherapy of Addictions - The Vulnerable Self: Heinz Kohut and the Addictions - Therapy: Dynamics of Addiction in the Clinical Situation - Psychodynamic Assessment of Drug Addicts - Individual Psychotherapy with Addicted People - Group Therapy for Addiction - Helping the Helpers: Psychodynamic Perspective on Relapse Prevention in Addiction - In Search of A Reliable Container: Staff Supervision in a DDU -Countertransference with Addicts - Addiction and the Family: Growing up with Alcohol or Drug Abuse in the Family - References - Index

Chemical Dependency and Antisocial Personality Disorder gives you the information and clinical skills necessary to assess and evaluate persons suffering from substance abuse and/or antisocial personality disorders and details how you can develop effective psychotherapy and treatment strategies. From its helpful pages that contain diagnostic criteria and clinical interviewing and assessment guidelines, you learn to accurately diagnose substance use and antisocial personality disorders. The book also provides you with the historical and clinical perspectives of such disorders and their epidemiology and etiology to give you a thorough background and understanding of the subject. Case studies and therapy vignettes are included to provide you with actual clinical examples to illustrate concepts and ideas. You will appreciate the book ' s in-depth discussions of treatment strategies that can greatly enhance your effectiveness. You ' ll find this volume is an invaluable research resource for refreshing your approaches for helping persons with substance abuse and antisocial personality disorders. Much of the content of Chemical Dependency and Antisocial Personality Disorder is based on the author ' s two decades of experience working with patients suffering from substance use and antisocial personality disorders. Some topics addressed include: accurate differential diagnosis resistance the use of structure in treatment therapist-patient relationship dynamics treatment outcome effectiveness, relapse, and recovery. Alcohol/drug counselors, psychiatrists, psychologists, and corrections, probation, and parole officers who want to be more effective in their work with chemically dependent and antisocial clients will find this a practical, helpful, and informative guide. This enlightening book examines many of the most difficult and clinically problematic issues that are associated with the psychotherapy and rehabilitation of chemically dependent and/or antisocial patients. Much of the content of Chemical Dependency and Antisocial Personality Disorder is based on the author ' s two decades of experience working with patients suffering from substance use and antisocial personality disorders. Some topics addressed include accurate differential diagnosis, resistance, the use of structure in treatment, therapist-patient relationship dynamics, and treatment outcome effectiveness, relapse, and recovery. Alcohol/drug counselors, psychiatrists, psychologists, and corrections, probation, and parole officers who want to be more effective in their work with chemically dependent and antisocial clients will find this a practical, helpful, and informative guide.

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